Nursery Home Learning- Week 2

I hope that everyone had a go at some of the activities from last week. Thank you so much to those of you who have emailed me some photographs, it is always so lovely to hear from you and to see how you are all doing.

Please try these new activities for this week and let me know how you get on! Most importantly try to have fun and stay safe.

Salt Dough Numerals

First have a go at writing your own numerals on paper and draw a circle for each amount-

for number 1, draw 1 circle, for number 2, draw 2 circles etc.

Ask a grown up or a big brother or sister to help you.

Next, mix your salt dough ingredients:

1 cup of plain flour

½ cup of salt

1 cup of water

You can mix them by using your hands. Mix a little of the water in each time until it feels like dough.

Can you cover your numbers and circles with your salt dough?

If you would like to keep the shapes you can then put the dough numbers on a baking tray in the oven at 180* and bake until they are hard- keep checking every 5 minutes as each salt dough model will be its own unique thickness and so will take its own time.

Have a go! We would love to see what you have done, please send us a photo.

Threading

Threading supports hand/ eye co-ordination and encourages good fine motor control in preparation for writing.

Try these activities at home:

Using wool, string or a pipe cleaner, if you have one, can you thread some pasta tubes to make a necklace or a decoration?

If you use wool or string put a little sticky tape on the end to make it easier to thread.

If you can't find pasta tubes, can you use Polos or Cheerios?

Or, could you have a go at threading and re-threading a shoe lace in one of your shoes at home?

If you have a hole punch at home you could have a go at making your own threading card.

You will need:

A hole punch

Paper or Card

First draw a shape or a picture on the paper or card, then hole punch about 10 holes around the edge of the drawing. Use wool or string to thread in and out of the holes to go around your picture or to thread across your picture.

We would love to see what you have made! Please send us a photo.

Water Play

Have fun in the bathroom, or in the garden or even on the kitchen floor!

You will need:

Differently sized plastic jugs

Cups

Containers of different sizes

Bath filled with water or a washing up bowl on the floor

Support your child to understand what ‘full’ looks like.

Can you show them ‘empty’?

Can you fill the jugs and say ‘This is full.’

Can you empty the jugs and say ‘This is empty’.

Can you pour a little into the cups?

Can you pour a lot?

Can you make the cup half- full?

Let your child experiment and practice with filling and emptying the different vessels to support their motor control and their judgement of volume- the capacity of each vessel. Keep using words like ‘full’ ‘empty’ ‘pour’ ‘little’ and encourage them to try to use them.

Add a squirt of washing up liquid for some bubbles just for fun!

Let us know how they get on!

Sandwich Making

Have a go at making your own sandwiches.

You will need……

Bread

Butter

Soft Cheese

Jam

Table knife

Practice spreading your chosen topping onto one piece of bread. Keep persevering even if the bread breaks.

Have a go at folding the bread over carefully to make a sandwich.

Can you now cut your sandwich into a square, a triangle or a rectangle?

Have another go with a different piece of bread. This time can you cut your sandwich into enough pieces for each person in your family to have a share? How many pieces have you cut?

We would love to see a photo of what you have made!

Transient Art

Collect some special, natural objects from your garden, when you are out walking with your family or by simply looking around your home.

Can you arrange them in your own, unique way?

What pictures can you make?

Please send us a photo of what you have done, we would love to see!

Healthy Movers

Balancing: My Little Friend

Benefits: Stability, body awareness, stamina

YOUTH SPORT DIRECT

Where to play: Indoors or outdoors **Safety:** Play on a towel or mat if the surface is hard **Equipment:** Cuddly toy or beanbag

Activity 1

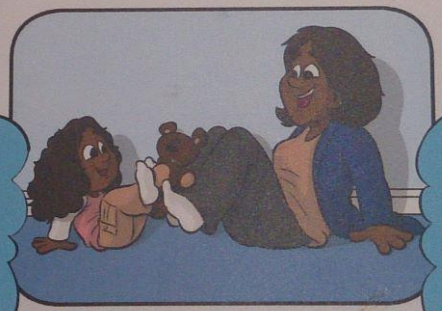
Ask children to find lots of different ways to balance a small cuddly toy/beanbag on their body. Suggest some body parts they might try.

Activity 2

Can they balance on different body parts and still find ways to balance the toy?

Activity 3

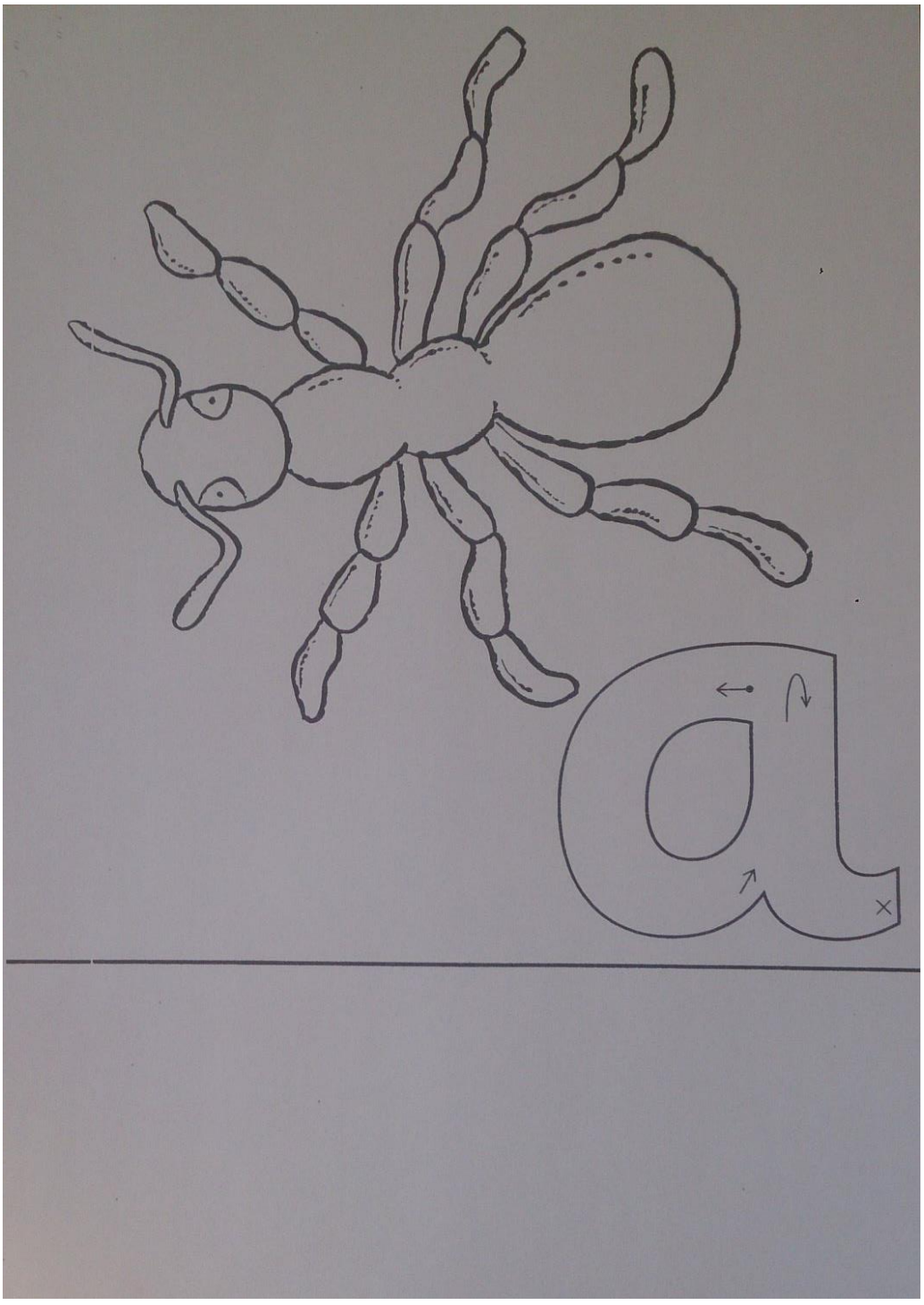
Can they count how long they can balance the toy for? Which are the tricky ones?



Activity 4

Can they pass their toy to you or a friend using different body parts e.g. foot-to-foot, elbow-to-elbow? Can they try this on different body parts?

Change it: **Easier** – Balance on larger body parts. Use a Velcro ball **Harder** – Smaller body parts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