PHYSICAL EDUCATION CURRICULUM STATEMENT

Intent

In line with our school's vision the children are exposed to a wide variety of sports and physical activities within the curriculum, providing them with opportunities to expand their knowledge and enthusiasm for learning.

We aim to provide them with a PE curriculum that:

- is active and practical
- is enjoyable and exciting
- is collaborative and social

Throughout the year pupils are encouraged to observe and support their peers during PE and Games lessons, as well as reflect on their own performances. We provide children with sporting opportunities through competitive matches, tournaments, festivals, events and extra-curricular activities, helping them to increase their participation in sport and have a long-lasting positive attitude towards their health, fitness and well-being. We aim to develop in children a passion for sport that will continue to flourish later in their lives.

Implementation

EARLY YEARS FOUNDATION STAGE (EYFS)

Physical development is one of the three prime areas within the Early Years Foundation Stage (EYFS). Each prime area is divided into Early Learning Goals, for physical development these are:

Gross Motor Skills

Children at the expected level of development will:

- Negotiate space and obstacles safely, with consideration for themselves and others;
- Demonstrate strength, balance and coordination when playing;
- Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

Fine Motor Skills

Children at the expected level of development will:

- Hold a pencil effectively in preparation for fluent writing, using the tripod grip in almost all cases;
- Use a range of small tools, including scissors, paint brushes and cutlery;
- Begin to show accuracy and care when drawing.

KEY STAGE ONE

The programme of study outlines five areas that all children should be involved in at Key Stage One, focusing on developing fundamental movement skills and becoming increasingly more confident in sport. These are:

- Team Games – indoor and outdoor
- Gymnastics
- Dance
- Multi-Skills activities
- Hand/Foot-eye coordination development

In addition, team building activities and simple athletic skills will be taught over the school year.

KEY STAGE TWO

The programme of study outlines the following areas that all children should be involved in at Key Stage Two. These are:

- Running, jumping, throwing and catching in isolation and in combination
- Competitive games – indoor and outdoor
- Gymnastics
- Dance

- Outdoor and adventurous activity challenges (through field and residential visits as well as PE lessons)
- Athletics
- Swimming and water safety (Year 4 use Wycombe Leisure Centre and Year 6 make use of the pool at Godstowe Preparatory School for weekly lessons at various stages of the academic year).

At Hamilton Academy, we believe that PE plays a vital role in the development of the whole child. PE is a foundation subject of paramount importance within the National Curriculum, for which all teaching staff have a responsibility, as well as encouraging children to take part in physical activity beyond the school day.

Impact

We believe that physical activity is only one aspect of Physical Education. Cognitive, social and well-being skills are developed in the lessons; in addition we prioritise a holistic approach towards the health of the children. Our aim is for the children to be well prepared for a successful future in sport. We maximise sporting and well-being opportunities to ensure our pupils have the confidence to lead a healthy and active lifestyle, now and in later life.