PSHE Curriculum Statement

At Hamilton Academy we use a whole school PSHE scheme called Jigsaw, which combines PSHE, emotional literacy, mindfulness, social skills and spiritual development. Jigsaw is designed as a whole school approach, with all year groups working on the same theme (Puzzle) at the same time.

There are six Puzzles (half-term units of work) each with six lessons. Every year group studies the same Puzzle at the same time, sequentially ordered from September to July:

- Being me in my world
- Celebrating difference (including anti-bullying)
- Dreams and goals
- Healthy me
- Relationships
- Changing me (including Sex Education)

Jigsaw aims to help children know and value who they really are and how they relate to other people in this ever-changing world.

Intent

We believe that children are growing up in an increasingly complex world which presents many positive and exciting opportunities but also many challenges and risks. It is therefore our aim to deliver a PSHE curriculum which not only tackles a range of themes and issues, but also equips our pupils with the essential knowledge and skills needed for lifelong learning. The intent of our PSHE curriculum is to deliver lessons which are accessible to all and that will maximise the outcomes for every child so that they know more, remember more and understand more. We want our children to become healthy, independent and responsible members of a society who understand how they are developing personally and socially. We also want them to have the confidence to tackle many of the moral, social and cultural issues that are part of growing up. We provide them with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our PSHE teaching is underpinned by our School Values to ensure pupils understand about their own and others' rights and responsibilities, and to encourage them to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

Implementation

The aims of PSHE are best achieved in an environment in which pupils feel safe and where their opinions are valued. In this subject, above all, the child must be central to the process. They must be allowed to be honest, to make mistakes without being reprimanded and to learn from their mistakes. By following Jigsaw we can ensure a spiralling/progressive scheme which is enjoyable and valuable for all children.

This includes a range of teaching and learning styles, including:

- Circle time
- Group work
- Drama and Role play
- Discussion/ Debate
- Agenda setting
- Problem solving
- Imaginative writing
- Traditional imparting of knowledge
- Constructive use of video
- Research
- Educational games/activities
- DVDs and other ICT approaches

Impact

By the time our children leave Hamilton Academy, we believe our PSHE curriculum will have allowed them to develop the vocabulary and confidence needed to clearly articulate their thoughts and feelings in a climate of openness, trust and respect. The children will have a willingness and ability to try new things, push themselves and persevere. They will understand what is meant by 'resilience' and attain the ability to bounce back from life's everyday challenges using their Growth Mindset. They will have a good understanding of how to stay safe, healthy and develop good relationships. They will also have an appreciation of what it means to be a positive member of a diverse, multicultural society and have a strong self-awareness, interlinked with compassion of others.